

Committee: Health and Wellbeing Board

Date: 25th January 2022

Agenda item: CAMHS Local Transformation Plan Refresh (South West London)

Wards: All Wards

Subject: South West London (SWL) Local Transformation Plan Refresh (2021) Transforming Mental Health Services for Children, Young People (CYP), 0-25 years and their families

Lead officer:

Lead member: Mark Creelman – SWL CCG Locality Executive Director (Merton and Wandsworth)

Forward Plan reference number:

Contact officer: Sarah Keen – SWL CCG Senior Child and Adolescent Mental Health Service (CAMHS) Transformation Manager - Merton

Recommendations:

The Board is asked to:

- A. Consider how members can support delivery of the priorities of the Local Transformation Plan, particularly early support and prevention, ensuring children and young people can access early intervention, and joint working to ensure a stronger partnership approach.
 - B. Discuss and agree the South West London Local Transformation Plan refresh contained in the appendices of this report.
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1 PURPOSE OF REPORT AND EXECUTIVE SUMMARY

The purpose of this report is to provide board members with the refreshed Children and Young People's Emotional Wellbeing and Mental Health Local Transformation Plan for 2021. The 2015-2019 Local Transformation Plans produced and submitted to NHS England for assurance were Merton specific Local Transformation Plans.

This refreshed plan however, now combines Children and Young People's Local Transformation Plans from the six boroughs. The rationale of this combined refresh plan is to create a more consistent framework for improving mental health and emotional wellbeing services for children, young people and their families, including suicide prevention across the South West London landscape

2 BACKGROUND

- 2.1. This is the first South West London Clinical Commissioning Group's (SWL CCG) first joint transformation plan for CYP's mental health and emotional wellbeing. It builds on preceding individual borough-based plans, refreshing ambitions, priorities, and proposals for the ongoing improvement of mental health services. In previous years, the Local Transformation Plan refresh

was submitted to NHS England for assurance, this current combined refresh is centrally assured by SWL CCG.

- 2.2. The SWL Local Transformation Plan (LTP) refresh describes progress against the Five Year Forward View for Mental Health and NHS Long Term Plan vision, ambitions and targets for Child and Adolescent Mental Health Services (CAMHS).
- 2.3. The plan recognises the substantial and ongoing impact of the Covid-19 pandemic on the mental health of children, young people, and their families. Request for services has increased and the CCG is working closely with providers across SW London to guarantee services continue to meet the needs of children and young people.
- 2.4. Several key areas will be prioritised, including early support and prevention to further promote resilience and ensure children and young people can access early intervention services. There will be a move away from the tiered approach across the SWL area of service delivery with the implementation of the 'I -Thrive' framework. Merton has already launched the i-Thrive concept and working with all local systems to ensure a stronger partnership approach with better flexible access and support to services.
- 2.5. The CCG will become an integrated care system during the lifespan of this plan, this will further support the approach to collaborative and joint working across health and care in SW London. This will allow transformation of child and adolescent mental health services to remain significant.

3 DETAILS

The NHS Five Year Forward View for Mental Health (FYFV) ended in March 2021 and covered the period from 2016-2021. The FYFV plan crossed over with the start of the new NHS Long Term Plan from 2019-2024.

The NHS Long Term Plan builds on the work set out in the FYFV plan for children and young people's mental health. This included key pointers for

- increasing access to NHS-funded community services
- expanding timely access to eating disorders services
- reducing inappropriate out of area placements
- improve transitioning between children's and adult mental health services
- and includes additional ambitions to deliver expanded crisis support.

The Plan describes the progress made against the Five Year Forward View for Mental Health and the NHS Long Term Plan vision, ambitions and targets for Child and Adolescent Mental Health Services (CAMHS). In addition, it supports the development and delivery of the transformation of mental health and emotional wellbeing services for children and young people.

The six South West London Clinical Commissioning Groups (CCG) merged into one South West London CCG in April 2020. SW London CCG continues to work with partners across health and social care to develop the Integrated Care Systems (ICS) framework and provider collaborative as set out in the government Health and Social Care white paper.

The move to an ICS represents the opportunity for joint working and collaboration across health and care, which will further benefit the transformation of children's and young people's mental health and emotional wellbeing services.

4 ALTERNATIVE OPTIONS

Future priorities within the plan are:

- 4.1. To use additional CAMHS investment to deliver Long Term Plan ambitions and to strengthen any areas needing an uplift. This will include a more integrated 0-25 mental health service delivery model that works in close collaboration with partners in children and young adult services. This will also support transitioning of CYP into adult services

Continue to transform access to services, including the digital offer, early help in schools and colleges to meet national targets.

Deliver joined up specialist pathways that move away from tiers and age cut-offs.

Re-establish the intensive treatment option for children and young people with eating disorders to prevent the need for inpatient treatment

Establish a fully integrated children and young people crisis service across SW London that includes timely self-harm and urgent crisis assessments and suicide prevention. This will include capacity to deliver outreach and home treatment to children and young people and their families when they need it

5 CONSULTATION UNDERTAKEN OR PROPOSED

- 5.1. The SW London Local Transformation Plan refresh has been written with children, young people, young adults (0-25) and their parents/families/carers in mind. Active engagement and participation in shaping and implementing the SW London Local Transformation Plan as well as borough-based priority projects is welcomed and encouraged.

- 5.2. Feedback on the refreshed transformation plan is being sought from Health and Wellbeing boards across the six boroughs and from all South West London:

- Health and Care Partnership Programme
- CCG Quality & Performance Oversight Committee (QPOC)
- Recovery and Transition Board
- CCG Governing Body

6 TIMETABLE

- 6.1.1 CAMHS Transformation Plans have helped to deliver Future in Mind and the Mental Health Five Year Forward View over the last five years.

6.1.2 The access target increase from 25% to 35% has been successfully achieved. The ambition is to go further with continued investment in preventive and early help services in schools, colleges and the community as well as expand core help to children and young people and crisis mental health services. This includes equipping our schools and communities on suicide prevention

6.2 The Eating Disorders service has consistently met the national waiting time standards for urgent and routine referral up to March 2020, but the recent surge in demand has highlighted the need for additional investment in this specialist pathway.

6.3 The impact of COVID has dramatically changed the way services have been delivered. We saw the overnight move from face-to-face appointments to digital and online assessments and treatment for most referrals. Some of which has been innovative and convenient to families.

6.4 A 24/7 all-age crisis pathway was established in April 2020 in response to COVID, offering telephone triage and face-to-face urgent assessments to avoid hospital admissions. This also provided the possibility for a short admission without delay, where necessary for the safety of the children and young people's mental health condition.

6.5 New mental health support team in schools programmes will continue to be rolled out in 2021/22 to further help children with mild to moderate mental health needs within schools and colleges, and in Merton, this will mean coverage for all state schools in the borough will be offered the provision of a mental health support in school, including the provision of drama therapy for the East Mitcham/Modern schools cluster

6.6 Develop closer working relationships between the CCG and Local Authorities to support CYP with SEND/EHCPs with improved access to specialist LD CAMHS and integrated therapy offer, including psychology and positive behavioural support.

7 FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

7.1. This report does not have any direct financial implications. It reports on the SW London Local Transformation Plan refresh and does not contain a direct proposal. Finances linked to the transformation will be approved by the finance committee as planned, required and agreed.

8 LEGAL AND STATUTORY IMPLICATIONS

8.1. There are no current or legal consideration for this report

9 HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS

- 9.1. Addressing health inequalities feature throughout South West London Clinical Commissioning Group. Commissioned services continue to assist in addressing inequalities experienced in the emotional wellbeing and mental health of children and young people.
- 9.2. Within Merton, reducing health inequalities is an overarching goal and will continue to be a key focus for both South West London Clinical Commissioning Group and the Health & Wellbeing Board, as we move towards becoming an ICS.

10 CRIME AND DISORDER IMPLICATIONS

- 10.1. Not applicable

11 RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS

- 11.1. Not applicable

12 APPENDICES – THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT

Please include any information not essential to the cover report in



SW London CCG

Appendices. Local Transformation

13 BACKGROUND PAPERS

Appendix 1 – South West London (SWL) Local Transformation Plan Refresh (2021) Transforming Mental Health Services for Children, Young People (CYP), 0-25 years and their families

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